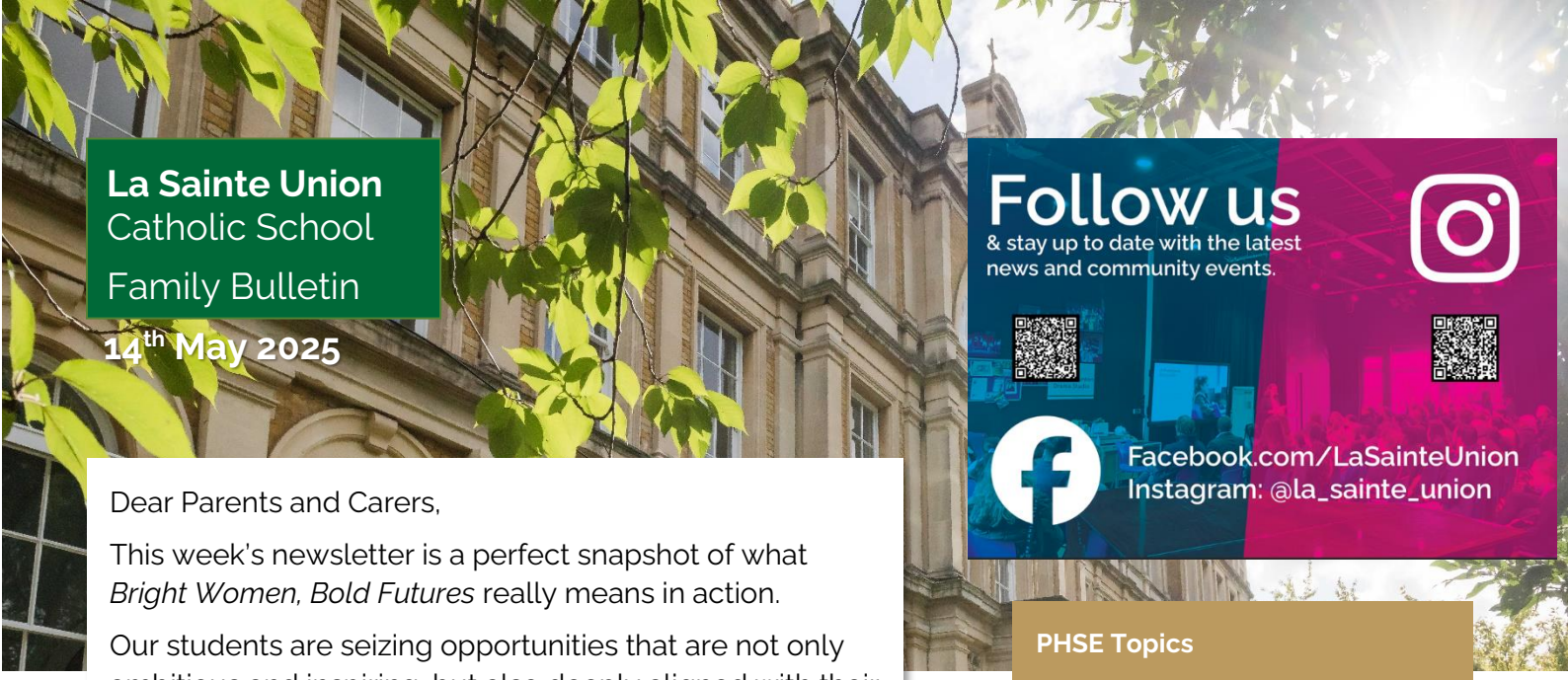

La Sainte Union Catholic School

Family Bulletin

14th May 2025

Dear Parents and Carers,

This week's newsletter is a perfect snapshot of what *Bright Women, Bold Futures* really means in action.

Our students are seizing opportunities that are not only ambitious and inspiring, but also deeply aligned with their passions — from cutting-edge STEAM placements with global employers, to creative and craft-based apprenticeships, to conferences with industry leaders. For our aspiring medics and dentists, targeted preparation sessions will offer a real edge in the competitive application process. And our Year 13 students are making their final preparations for exams and post-18 pathways, supported every step of the way.

We're also very proud to feature reflections from parent governor Ms Williams on the recent Camden Music Festival at the Royal Albert Hall — a joyful celebration of young people's talent, commitment and collaboration.

As usual, this edition includes an overview of the current topics taught as part of the PSHE curriculum, with the usual link for parents to offer feedback or ask questions. We value your voice and your partnership in supporting our students' growth.

With best wishes,

Mrs Fegan

Headteacher

Bright Women with Bold Futures.

PHSE Topics

Year 7 - Compassion Based Wellbeing Programme (Tavistock and Portman NHS Foundation Trust)

Year 8 - Menstrual Health Workshops - Period & Pause Charity (Session 2)

Year 9 - Sexual violence and harassment

Year 10 - First Give programme

Year 11 - Connecting with yourself mindfully & stress

Contact form for any PSHE related queries: https://forms.office.com/e/GY4SBrwbNW

Latest editions of the LaSWAP newsletter can be found here: LaSWAP Sixth Form Consortium - Newsletters

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Message from Ms Williams, parent governor

Reflections on Camden Music Festival at the Royal Albert Hall

I wanted to share with you what a phenomenal experience it was to attend yesterday's biannual Camden Music Festival at the Royal Albert Hall. It was a powerful showcase of the exceptional talent nurtured across the borough, and especially within our own school community.

If there were ever any doubts about the value of investing in music at LSU, I hope this event serves as a resounding reminder of its impact. As part of our Pupil Premium strategy and Music Action Plan, we provide support for students from disadvantaged backgrounds to access individual instrumental lessons. While some students pay privately, currently 57 students are receiving tuition—an investment clearly contributing to bold and bright futures.

The performance yesterday highlighted just how much enrichment Camden Music enables beyond LSU—across primary, secondary, SEN, and youth groups—through collaboration between departments and a borough-wide commitment to access and excellence.

A special thank you goes to our incredible staff who dedicated their entire day to managing and supporting our students, staying well past 9:15pm until all were safely collected.

I'm especially proud that two LSU students were selected for solo performances—an achievement that wouldn't have been possible without the unwavering dedication of Ms. Harris, who tirelessly nurtures our choir students and even took on the conductor role for the entire festival. I'd also like to highlight Mr. Brookman, who has led Camden's Youth Orchestra for 20 years. His leadership is remarkable, and the orchestra's performance was truly at a professional standard.

As a parent, I see firsthand the impact. My daughter plays two instruments at LSU, sings in the choir, will be performing in Sister Act, and has chosen music as a GCSE subject. This would not have been possible without the confidence and support she received from Year 7 onward.
Appreciate the continued support of the arts and music at LSU.

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LaSWAP

Opportunities for Year 12 students!

How to ace your UCAT: key session for Medics & Dentists **4pm, Tues 6 May at Camden School for Girls**

- This is a bespoke session for LaSWAP & CSG run by experts from City, St George's University. It is essential for all students planning to apply to medical or dental school this year!
- Students should make their own way and meet Ms Pearcey at Camden School for Girls. Please sign in at reception.

Year 12 Camden STEAM work experience: applications close TUESDAY!

Please encourage your child to apply via Camden STEAM over this weekend. The placements are really high quality and with many iconic, world class employees. **If your child does not secure a place via Camden STEAM, they will have to find their own placement. They will not be allocated a placement via school.**

LaSWAP Work Experience Week begins on 7th July, and Camden STEAM is the ideal place to find an amazing placement. This year we have opportunities with **AstraZeneca, Autogen AI, the British Library, Camden Council, Google, Labtech, Models1, the Roundhouse, UCL** and many, many more.

To apply:

- All placements will be advertised & offered via the Speakers for Schools website.
- Students need to create a Portal Account - guide HERE

Timeline:

- **6th May: APPLICATION DEADLINE**
- 19 - 23rd May: students will be notified of the outcome of their application & sent two forms. These must be completed by 2 June.
- 23-27 June: detailed placement information sent to students
- 7 July: work experience begins!

Ski trip meeting reminder - Thursday 8th May 6pm

Reminder there is a meeting next week for anyone interested in the sixth form ski trip. It will take place in the Parliament Hill/William Ellis joint sixth form building on Highgate Road.

Other opportunities for sixth form students

FM Conway Work Experience, 7-11 July: this work experience week focuses on the construction industry, blending site visits, careers information, employability workshops, business orientation and work ready skills in health and safety. It is ideal for students interested in careers in construction & civil engineering. Deadline is 30 May, apply HERE

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Please see this fortnight's LaSWAP Newsletter for even more opportunities. Newsletters are emailed to families or can be found at https://www.laswap.camden.sch.uk/Parents/Newsletters/ **Please check your Spam and mark all emails from LaSWAP, La Sainte Union or Bromcom as Safe/Priority!**

Harrow Lumina Lecture: Why King Arthur Still Matters, 22nd May, 5.15pm: Professor Elizabeth Archibald, Professor Emerita at Durham University will discuss whether Arthur existed, and if so whether he is still alive, with a quick overview of the development of the legend, and then some thoughts about its continued popularity today. Email if you would like to attend: lperacey@aclandburghley.camden.sch.uk

Creative Dimension opportunities:

- **Architecture Open Studio at Allford Hall Monaghan Morris, Thurs 5 June:** for students interested in finding our more about becoming an architect: https://www.thecreativedimension.org/workexperience/open-studio-at-allford-hall-monaghan-morris/
- **Hand embroidery workshop, Mon 4 – Fri 8 August:** suitable for brand new & experienced embroiderers. FREE with all materials provided. https://www.thecreativedimension.org/workshop/summer-2025-hand-embroidery-creative-colour-and-thread-painting/summer-2025-hand-embroidery-creative-colour-and-thread-painting/
- **Ceramic tile making, 29 – 31 July:** suitable for brand new ceramicists. Learn how to design & decorate bespoke tiles as well as replicating traditional techniques for restoration. FREE with all materials provided. https://www.thecreativedimension.org/workshop/summer-2025-ceramic-tile-making/summer-2025-ceramic-tile-making/

Year 13 update

Formal lessons will continue until May half term. After this time, teachers will be available to continue working with students' during normal lesson times until the date of the examination focusing on examination technique advice and structured revision.

Students should have recorded all their examinations in their diaries or on an exam timetable. This will have alerted them to any clashes. If they have a clash and **have not** alerted the exams office, they must do this immediately. These slips will be issued during Tutorial on Monday the 28*th* of April.

Students should ALSO pay particular attention to whether the examination is **AM or PM**.

For AM examinations – they need to be on site by 8.30am

For PM examinations – they need to be on site by 1pm

Students will need their La Swap ID to gain entry to their examinations.

If they have lost their ID card, they MUST go to the LaSWAP office as soon as possible to purchase a replacement.

Exam Timetables

These have been e-mailed home, but students can also collect their copy from the Sixth Form office in the yellow room at the following times:

- Monday 9am – 12pm

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- Tuesday 9am – 11am
- Wednesday 9 am – 11am
- Friday 9am – 11am

REMINDER: UCAS Firm and Insurance Choices

The deadline for students to reply to university offers is likely to be June 5th (students should check their personal track page on UCAS). Students should take advice on this if they are uncertain. As a rule, the conditions of the Insurance offer should be lower than the Firm offer. Students should take account of their latest grades from the March mocks when deciding on their choices. Ms Tait is always happy to advise!

REMINDER: Student Finance

The final deadline for Year 13 to apply for student loans is fast approaching (this includes those who are only applying for Tuition Fees loans)

LaSWAP held a webinar to explain the different types of loans available. If you were unable to attend this, you can use the link below to watch – below is also the link to the government website where applications are made.

Student Finance for Families 2025 (youtube.com)

Apply online for student finance - GOV.UK (www.gov.uk)

Year 13 Leavers Hoodies

LaSWAP leavers hoodies are available to order now: https://laswap.any-wear.co.uk/

- Sizes XS – 4XL
- Name or nickname optional
- Price £19.99
- Colours: blue, grey, green, pink, black or purple

The deadline for order is Monday 19th May. This is a hard deadline & can't be extended by the printing company!

Apprenticeship opportunities:

PR & Marketing apprenticeship with Aspectus Academy, deadline Tues 6 May: this 2 year apprenticeship build skills in digital marketing, media, business & writing & earn a qualification from the Charted Institute of Marketing. No minimum grades to apply! More info & apply: https://www.aspectusgroup.com/news/the-aspectus-academy-applications/

Cox London craft technician apprenticeships: Cox London has launched a first of its kind 3 year Apprenticeship Scheme. Applications are open for 2 young people to join our artisan community, learning heritage craft skills while earning, alongside business training opportunities. This is a rare opportunity to complete an apprenticeship in the arts sector. More info & apply here: https://coxlondon.com/wp-content/uploads/2025/04/Cox-London-Apprenticeship-2025.pdf

Work Experience Opportunities:

YEAR 13: Paid summer internship with tech start up Hook, July & August: Hook has two incredible opportunities to join a startup based in London Liverpool Street. You will wear many hats in your role and will have the chance to shadow and work alongside our marketing, customer, sales and operations teams. You'll work closely with our Vice President of Customer Growth during the internship, which will include regular check-ins and skill development sessions. Eligibility criteria apply. More info & sign up: https://zfrmz.com/hj6ZLUSem9qJ69wG0Yoi

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Young Professionals Business & Entrepreneurship work conference, the O2, Tues 15 July: meet with industry leaders UBS, Goldman Sachs, Linklaters law, Grant Thornton, Bloomberg & other employers in business, banking, finance, law, engineering, and technology. All students that attend will get a professional LinkedIn headshot as well as a digital PDF link packed with CV templates, how to start a business, top tips on applying to corporate roles as well as lots of other useful content. Register here: **https://www.surveymonkey.com/r/YP-Summer-Conference-PM-Session**

Competition time!

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Opportunity Centre

May 2025 Half Term 2025 Activities for Years 7 to 10 and Study Centre.

Sports & Creative activities
Morning sessions 10am – 12pm
Afternoon sessions 1pm– 3pm

Places are limited for each session so early sign up is advised. Free Lunch will be provided to any student staying all day.
You will need to wear clothing suitable for the sports activity (not jeans etc) and trainers

Multi Sports – 20 spaces

Football, Basketball and Volleyball sessions
Wednesday 28th May – 10am – 3pm
Friday 30th May – 10am – 3pm

Trampolining -12 spaces

Tuesday 27th May
Thursday 29th May
10am – 3pm

Cooking – 15 spaces

Tuesday 27th May
Wednesday 28th May
Thursday 29th May
10am – 3pm

Vinyl T-Shirt Printing 2-day Workshop with Alice French – 15 spaces

Get Creative! Learn to vinyl print awesome designs on t-shirt! This is a 2 day course, T-shirt included.
Tuesday 27th May and Wednesday 28th May
OR
Thursday 29th May and Friday 30th May

The Study Centre is open 9:30am – 3pm every day throughout Easter holidays
Come in to revise independently or in small groups or complete work/coursework
There will be access to IT and the study room will be supervised by a member of staff every day

You must register for all activities by using this link:
https://forms.office.com/e/HqcgMsVZ4K?origin=lprLink

Please direct enquiries to Mr Suresh Sukumaran ssukumaran@lsu.camden.sch.uk

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SEND SURGERY

Camden's SEND and Inclusion Service invites you to our Drop-in Surgeries to get answers to your questions.

Meet with:

- SEND officers
- Educational Psychologists
- Team managers
- Social care professionals
- Health care professionals
- Assisted travel professionals

Upcoming dates:

Tuesday 22 April, 10.30am to 12.30pm

Tuesday 3 June, 10.30am to 12.30pm

Tuesday 15 July, 10.30am to 12.30pm

Where: Crowndale centre, 218 Eversholt street, NW1 1BD

Camden

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Report card for La Sainte Union can be accessed here:

https://camden.schoolreport.org.uk/school/index.html?schoolId=2025401

Alternatively, you can scan this QR code with your phone's camera:

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