La Sainte Union Catholic School

Family Bulletin

24th March 2025

Dear Parents and Carers,

This edition of the Family Bulletin is packed with fantastic holiday opportunities for our students through the Opportunity Centre. From exciting activities for all ages and interests—running every day with a free lunch for those attending all day—to focused revision sessions for students preparing for public exams, there's something for everyone.

Personal development is at the heart of our educational mission, and our PSHE programme plays a key role in supporting students' growth. Each week, we update parents through the Family Bulletin on the topics covered in class, along with a link for you to share questions or comments. We continuously refine our PSHE curriculum to ensure it remains relevant and responsive to students' needs.

As part of this commitment, we have also reviewed our RSE (Relationships and Sex Education) policy, outlining where key topics are covered within PSHE. You will have received a letter detailing these updates, along with a link to provide feedback. We highly value your input as we work together to equip your daughters (and sons in the Sixth Form) with the knowledge and values they need to stay safe and lead happy, fulfilling lives.

Bright Women, Bold Futures.

Best wishes,

Mrs Fegan

Headteacher

Important Dates:

Tuesday 25th March- Friday 28th March Spain Trip

Friday 4th April – Last day of term

Tuesday 22nd April – Students return

PHSE Topics

Year 7 - Child early forced marriage

Year 8 - Drug mis(use)

Year 9 - Camden Choices

Year 10 - First Give Project

Year 11 - Grief

Contact form for any PSHE related queries:
https://forms.office.com/e/GY4SBrwbNW

Latest editions of the LaSWAP newsletter can be found here: LaSWAP Sixth Form Consortium - Newsletters

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Careers News

Year 10 work experience

WELL DONE YEAR 10!

We are very proud of the impeccable standards of behaviour and commitment shown by Year 10 students on work experience last week. Here is a small selection of the 50+ positive comments received about students from employers so far!

'The students are very hard working, committed and polite. Such team players. They completed the work by deadline in such a professional and enthusiastic way. We are impressed by them and would be happy to have them back."

'Very kind to the children, helped support a brand-new student with minimal English, was positive when given tasks to do.'

'She was a total delight - fun, engaged and intelligent, and a great musician. We loved working with her.'

'She demonstrated an excellent attitude towards work, always approaching tasks with enthusiasm and diligence. She was punctual, paid great attention to detail, and consistently completed her work to a high standard.'

'She was engaging and really took on the role of her experience working in a community pharmacy.'

'She did an exceptional job at everything we gave her to do.'

'From day one, both students had smiles on their face and were enthusiastic about coming here to do work experience.'

'She was an exemplary student; she got involved with everything that was asked of her and was polite and well-mannered throughout.'

Year 10 Debriefing Day

On Monday 17th, students took part in a Debriefing event, designed to help students make the most of their work experience and build their employability skills. After a 'welcome back' assembly, and 2 sessions dedicated to job interviews, students had the chance to practice their interview skills with an employer volunteer.

Our volunteers had extensive people management experience in fields as diverse as international development, airport construction, marketing, urban regeneration and even parking penalty enforcement! They were excellent guides for students - our thanks to Abdullah, Eyitemi, John, Paolo, Sidi and Simon! Again, their feedback was excellent.

' It was a pleasure to meet yourself and your team, the other volunteers, and of course your students. You should be proud of how the girls performed during their mini-interviews. Whilst discussing the day afterwards, we both agreed that you had prepared the girls well, they all gave a very good impression of themselves and they largely spoke well. I was pleased to see how many of them have a 'plan' for where they want to be with their careers and how they intend to get there. Pass on our congratulations to the girls on their performances.'

'May I add to the comments made so far, with a huge congratulations to your school's pupils. Everyone I interviewed showed confidence and a clear understanding of their chosen career paths. This all reflects on the education they are currently receiving. A huge "well done" to all involved.'

'Congratulations to you and the school team, the students did you proud.'

'Thank you for hosting us and it was a great pleasure meeting you all. The students were really up to the mark - good performance all round.'

Year 10 Careers appointments

For the remainder of term, students will have group careers appointments with Ms Lane. The aims of these are twofold: 1/ to help students identify the skills and insights acquired during work experience, and 2/ to check and develop students' understanding of the post-16 options available to them.

In the summer term, after the Year 10 mocks, individual appointments will start with Ms Lane and Mr Metcalfe to support students with their post-16 transition.

Break and lunch time drop-in support is available in the Careers Centre every day, when advisers are free. Although each student has a named adviser, any member of the Careers team is equally qualified to support students, and all adhere to the Codes of Ethics of the Career Development Institute.

Year 10 parent and carer sessions

Sometimes, we as adults need support in understanding post-16 options ourselves. We will be offering online sessions at the following times.

Understanding post-16 options for parents and carers
Thu 27/03/2025 09:30 - 10:00
Microsoft Teams Meeting
Join the meeting now
Meeting ID: 330 183 582 467
Passcode: hH6xd2mH

Understanding post-16 options for parents and carers
Mon 31/03/2025 13:30 - 14:00

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Microsoft Teams Meeting
Join the meeting now
Meeting ID: 350 374 358 675
Passcode: pQ2KF76r

Congratulations to our BTEC Health & Social Care Students

Thursday 20th March was an exciting day for La Sainte Union Catholic School where just under 100 students received their exam results for their Level 2 BTEC Tech Award (equivalent to 1 GCSE), Level 3 Extended Diploma (Equivalent to 3 A Levels) and Level 3 National Diploma (Equivalent to 2 A Levels) in Health Social Care.

Year 11 – Component 2 (Care Services & Care Values)

28 Year 11s received their exam results for Component 2 (Care Services & Care Values) where the component examines the care values and how it is important to have the appropriate skills and attributes when caring for clients as a health care professional. Year 11 students were pleased with their results including distinctions (equivalent to GCSE Grade 7) and merits (equivalent to GCSE Grade 5.5), where they are now working towards their final two-hour exam in May 2025 for Component 3 (Health & Well Being).

Miss McGuire, Miss Wynter, Miss Sommerville and Mr Templeman are extremely proud of the students, who have worked diligently on their Person Set Assignments, where they have five mini exam tasks (assignments) to complete which are then marked by the exam board.

Year 12 – Unit (Working in the Health & Social Care Sector)

48 students received their exam results for Unit 2 which is about working in the health and social care sectors, examining roles and responsibilities of health care professionals, where this is a mandatory unit. The unit also looks at

Again, good exam results with students achieving merits and passes for their level 3 qualification, with many students tackling the different style of examination for the first time and doing very well. Mr Templeman (Subject Lead for HSC) was delighted with the results and praised the diligent efforts and commitment towards their exam revision and practice of examination papers.

Year 13 – Unit 3 (Anatomy & Physiology) and Unit 4 (Research Enquiries)

21 students received their results for their Level 3 Qualification in Anatomy and Physiology (Unit 3) with a good number of students achieving Distinction (Equivalent A at A Level) and merits (Equivalent C at A Level) where Miss Philips and Miss Agathangelou were delighted with the results for this mandatory unit. Many students are applying to midwifery, paediatric nursing, occupational therapy, radiographer, biomedical scientist where detailed knowledge of anatomy and physiology is essential for these roles.

The same 21 students received their exam results for Research Enquiries (Unit 4) which is about research methods and how research should be conducted properly to ensure scientifically valid and reliable data,

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ensuring maximal success with their research projects. Mr Templeman who taught the module expressed his delight at the results, with this being one of the most difficult modules in the qualification over the 2 year course.

Health and social care courses accounts for 40% of the sixth form and is becoming increasingly popular as a course option for students entering either higher education or an apprenticeship.

This year La Sainte Union Catholic has students from Health & Social Care applying for university places all over the UK, with students applying to clinical psychology, educational psychology, forensic psychology, criminology, biomedical science, midwifery, adult nursing, paediatric nursing, occupational therapy, radiography, nutritionist and primary school teachers.

Mr Templeman (Subject Lead for HSC) is extremely proud of the health and social care students as the school continue to create the legacy of providing health professionals for the NHS and other health agencies. ***Bright Women, Bold Futures***

Opportunity Centre Easter 2025

Easter Holiday
Sports & Creative Activities, Revision classes & Study Centre
We are offering these free activities every day during Easter Holidays
Morning sessions 10am – 12pm
Afternoon sessions 1pm– 3pm
Places are limited for each session so early sign up is advised. Free Lunch will be provided to any student staying all day.
https://forms.office.com/e/ybb9xb0ZKf?origin=lprLink
Please direct enquiries to Mr Suresh Sukumaran ssukumaran@lsu.camden.sch.uk
You will need to wear clothing suitable for the sports activity (not jeans etc) and trainers

Multi-Sports
Football, Basketball and Volleyball sessions
Tuesday 8th April – 10am – 3pm
Friday 11th April – 10am – 3pm
Tuesday 15th April – 10am– 3pm
There are 20 places each day early sign up is advisable

Self defence
Martial Arts & Self Defence activity on
Wednesday 16th April 2025
1pm – 3pm
There are 15 places each day early sign up is advisable

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Trampolining
Trampolining activity on
Monday 7th April 2025
Tuesday 8th April 2025
Wednesday 9th April 2025
Wednesday 16th April 2025
Thursday 17th April 2025
10am – 3pm
There are 12 places each day early sign up is advisable

Craft Activities
We are offering these free crafting activities every day during half term. You can sign up for Punch needle coasters, Crochet bags, Weaving wall hangings for spring, Macrame bags and plant hangers, Fashion collaging, Charm bracelets.
Morning sessions 10am – 12pm
Afternoon sessions 1pm– 3pm

Cooking
Cookery classes
Monday 7th April – Year 10
Tuesday 8th April – Year 7
Wednesday 9th April Year 8
Thursday 10th April Year 9
Friday 11th April Year 7, 8 & 9
10am – 3pm
There are 15 places each day early sign up is advisable

Ella Fashion
3 activities each day
Punch needle coasters
Crochet bags from recycled fabric
Weaving wall hangings for spring
Monday 7th April 2025
Tuesday 8th April 2025
Wednesday 9th April 2025
There are 15 places available so early sign up is advisable

3 activities each day
Macrame bags and plant hangers
Fashion collaging and moodboarding
Spring Charm bracelets and bag accessories
Monday 14th April 2025
Tuesday 15th April 2025

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Wednesday 16th April 2025
There are 15 places available so early sign up is advisable

Study Centre

The Study Centre is open 9:30am – 3pm every day throughout Easter holidays
Come in to revise independently or in small groups or complete work/coursework
There will be access to IT and the study room will be supervised by a member of staff every day

Revision Classes:

Date	Time	Teacher	Subject
Monday 7th April	9:30am – 12pm	LDA	Y11 GCSE English Edexcel
Monday 7th April	1pm – 3:30pm	MDA	Y11 GCSE RE AQA
Monday 7th April	9:30am – 12pm 1pm – 3:30pm	EWA	Y13 A Level Sociology AQA
Monday 7th April	9:30am – 12pm 1pm – 3:30pm	LBR	Y11 GCSE Art and Design exam preparation Edexcel
Monday 7th April	9:30am – 12pm 1pm – 3:30pm	JAD	Y11 GCSE DT Edexcel
Monday 7th April	9:30am – 12pm 1pm – 3:30pm	IBE	Y11 GCSE Higher French AQA
Tuesday 8th April	9:30am – 12pm 1pm – 3:30pm	IBE	Y11 GCSE Foundation French AQA
Tuesday 8th April	9:30am – 12pm	LDA	Y11 GCSE English Edexcel
Tuesday 8th April	9:30am - 12pm	KDO	Y13 A Level History AQA American Dream
Wednesday 9th April	9:30am - 12pm	LDA	Y11 GCSE English Edexcel
Wednesday 9th April	1pm – 3:30pm	MDA	Y11 GCSE RE AQA
Thursday 10th April	9:30am – 12pm	LDA	Y11 GCSE English Edexcel
Thursday 10th April	9:30am – 12pm	HHO	Y11 GCSE RE B AQA

Friday 11th April	9:30am – 12pm 1pm – 3:30pm	ROG	Y11 GCSE History Edexcel 11B
Monday 14th April	9:30am – 12pm 1pm – 3:30pm	ROG	Y13 A Level Politics Edexcel
Tuesday 15th April	9:30am – 12pm 1pm – 3:30pm	TBR	Y11 GCSE History Edexcel Yr 11A
Tuesday 15th April	9:30am - 12pm	KDO	Y13 A Level History AQA American Dream
Wednesday 16th April	9:30am – 12pm 1pm – 3:30pm	TBR	Y13 A Level History AQA Stuarts
Wednesday 16th April	1pm – 3:30pm	EMC	Y11 GCSE PE Paper 1 revision AQA
Thursday 17th April	9:30am – 12pm 1pm – 3:30pm	LSC	Y11 GCSE Geography Edexcel
Thursday 17th April	9:30am – 12pm 1pm – 3:30pm	EMC	Y11 GCSE PE paper 1 revision AQA
Thursday 17th April	9:30am-12pm	PCH	Y11 GCSE Business EduQAS

Exam Support

Year 11 & 13, Take a Moment for YOU

GCSEs and A-Levels are approaching, and we know that exams can be a stressful time. The Opportunity Centre is here to support you! Join our FREE Well-being Classes designed to help you manage exam stress and build resilience.

What to Expect - Movement: Gentle exercises to release tension. Mindfulness: Techniques to calm your mind and focus. Music: Relaxing sounds to soothe your senses. Creative Empowerment: Express yourself and boost your confidence. Emotional Regulation: Learn to manage your feelings effectively.

When: Every Thursday after school Time: 3:30 PM - 4:30 PM Where: Eleonore Drama EG01

Why Attend : Reduce exam anxiety. Improve focus and concentration. Develop coping strategies. Connect with other students. Boost your overall well-being.

Only 15 Spaces ! - Sign Up : https://forms.office.com/e/96GPSqMQ69?origin=lprLink

Please direct enquiries to Mr Suresh Sukumaran ssukumaran@lsu.camden.sch.uk

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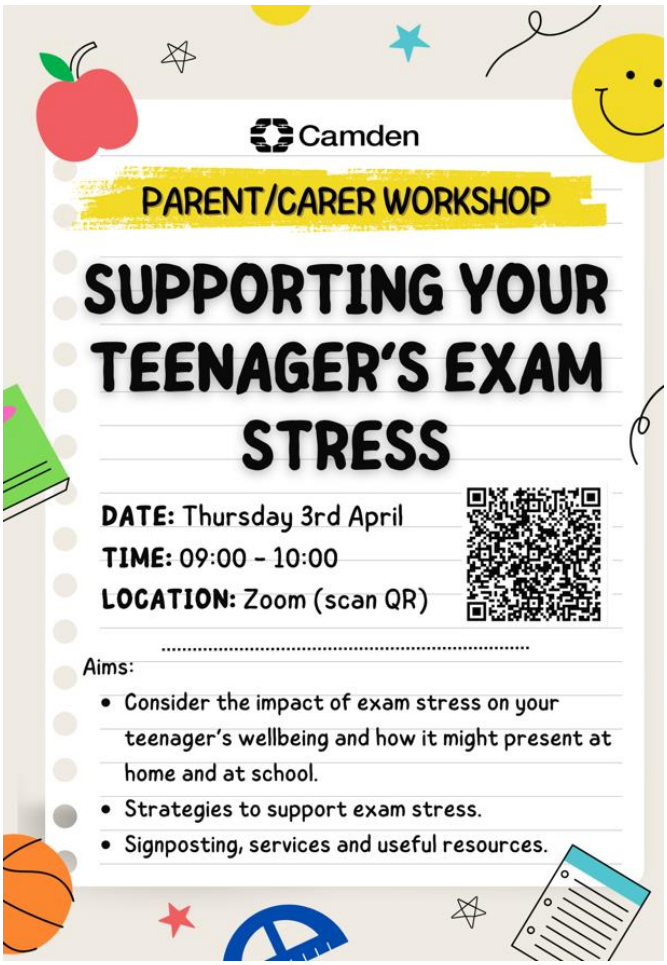
We understand that exam season can be a stressful time for both young people and their families. To support you and your child, we have arranged for the Camden Mental Health and Wellbeing Advisor to host a virtual workshop for us, which focuses on supporting your child through this period.

Please sign up using the form link below - the link to the meeting will be sent to you closer to the date.

https://forms.office.com/e/QFVpbUq1hp

Email bsejdiu@lsu.camden.sch.uk if you have any questions.



Report card for La Sainte Union can be accessed here:

https://camden.schoolreport.org.uk/school/index.html?schoolId=2025401

Alternatively, you can scan this QR code with your phone's camera:

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