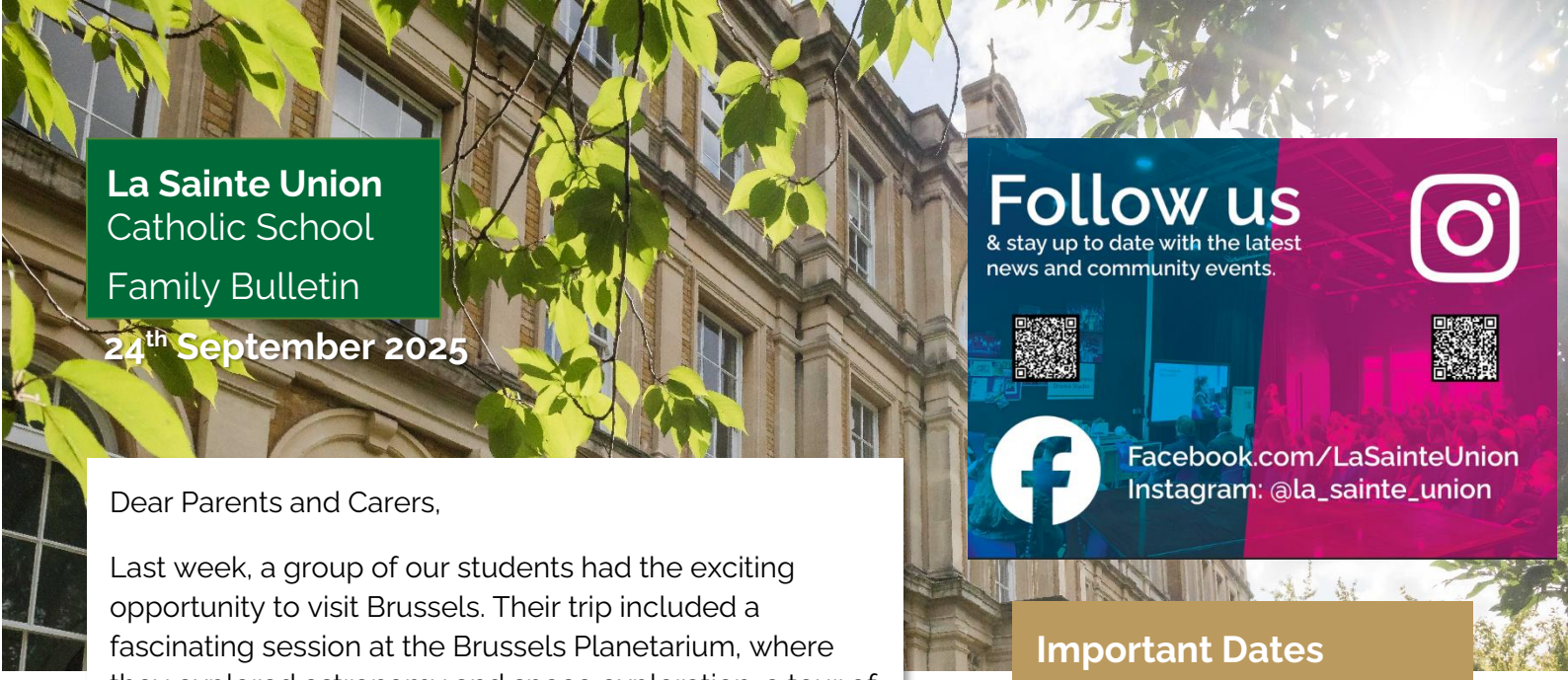


La Sainte Union Catholic School

Family Bulletin

24th September 2025

Dear Parents and Carers,

Last week, a group of our students had the exciting opportunity to visit Brussels. Their trip included a fascinating session at the Brussels Planetarium, where they explored astronomy and space exploration, a tour of the iconic Atomium and its science museum, and an excursion to the Euro Space Centre, where they took part in space simulation activities. The trip concluded with a visit to Concept Chocolate, where students sampled some delicious Belgian chocolate – a well-deserved treat after a busy few days! Look out for more details in the next edition of the family bulletin!

We were also delighted to welcome a group of twenty students from a school in Argentina., the visit was a great success, staff from the visiting school expressed their heartfelt appreciation and were thrilled with their experience at La Sainte Union.

Looking ahead, preparations are underway for our upcoming Open Evening. New student ambassadors are currently in training and are eager to showcase our school community.

Important reminders:

- Students will finish early at **2:00 pm on Tuesday 30th September**.
- Registration will take place at **9.30am on Wednesday 1st October**.

Best wishes,

Miss Ridge

Bright Women with Bold Futures.

Important Dates

Half Term: Monday 27th October – Friday 31sr October

PHSE Topics

Year 7 - Making new friends

Year 8 - Family relationships

Year 9 - Study skills, resilience, and managing stress

Year 10 - Parenthood

Year 11 - Careers 1

Contact form for any PSHE related queries: https://forms.office.com/e/GY4SBrwbNW

Latest editions of the LaSWAP newsletter can be found here: LaSWAP Sixth Form Consortium - Newsletters

La Sainte Union
CATHOLIC SCHOOL

Open Events

Open Evening: Tuesday 30th September 2025 4pm-7pm (No booking required)
Open Mornings: Tuesday 14th and Thursday 16th October 9am-11am

Open Evening will include talks from the Headteacher and Senior Leaders, as well as tours of the school where you will meet Subject Teachers. Open Mornings will also include a Headteacher talk, as well as tours of the school in session, where you will be able to see classes being taught. Booking is required for Open Mornings only.

https://forms.office.com/Pages/ResponsePage.aspx?id=i6DOHvhZKk-eF_kAcqPBW7eR5i4ma6dNiA76sp6zQa5UQzZWTVVOOFU2WTJQR0FMNkMyQlpIUzdDMi4u

Year 7 Settling in Evening

We would like to congratulate our Year 7 students for a superb start to their secondary school career. It has been fantastic to get to know them all, and to see them enjoy their lessons and the various opportunities that have been available to them so far.

To celebrate this great start, we are delighted to be inviting you to the Year 7 Settling-In Evening which will be conducted face-to-face on Wednesday 1st October 2024 from 3.45pm – 6pm. The event will involve you having a 15 min meeting with your daughter's form tutor who will be able to talk you through how your daughter is doing so far. It is also your opportunity to raise any queries or concerns you may have. Please look out for an email with your appoint time later this week.

La Sainte Union
CATHOLIC SCHOOL

Year 11 Pathways Event – for Students, Parents and Carers

Supporting Year 11 with their transition to Sixth Form Study

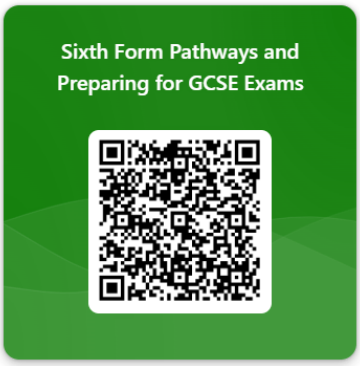
It is my pleasure to write to you to outline the events that will be taking place to support your daughter during Year 11 as they prepare for GCSE examinations and complete the application process for the Sixth Form.

The first event is on Thursday 25th September between 5.30pm and 6.15pm at La Sainte Union.

Year 11 is a pivotal year for our students, and we are committed to ensuring they get the best support and guidance as early as possible to enable them to make well informed decisions for their future. This event should not only support their understanding of LaSWAP and our entry requirements but also aims to provide focus and motivation for the year ahead.

Presentations will cover:

1. Pathways in the Sixth Form and Entry criteria for specific subjects
2. Making the most of Year 11
3. The Opportunity Centre and how this can support students
4. Using Digital Technology to support revision effectively



To book places at this event, please use the QR code or this link:
https://forms.office.com/e/1cXRbfZj0Y

We recognise that this is both an exciting and anxious time for students and parents, and we are looking forward to sharing our events with you. The next of which is our fantastic LaSWAP Open Evening where students will have the opportunity to meet subject specialist staff and ask questions about the courses they wish to study in the Sixth Form. This event takes place on Thursday 27th November and details about how to book places will be shared closer to the time.

We look forward to welcoming you to the event and working collaboratively in securing your daughter's aspirations for post-16 provision.

Rebecca Field **Director of Sixth Form at La Sainte Union / Assistant Headteacher**

Fake News – Parents Guide

Understanding the complexities of current affairs can be a challenge for us all, and in a world where social media and the internet is so accessible it can be a greater challenge for us to identify disinformation. For young people, this can lead to high levels of confusion and the development of views and beliefs that may be inaccurate or harmful, which in turn can have a negative impact on their mental health and social interaction.
The information below is designed to help parents support their children in identifying what is fact and what is fake.

La Sainte Union
CATHOLIC SCHOOL

At National Online Safety we believe in empowering parents, carers and educators with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

Part of our Online Information Series

NOS Online Information

What you need to know about ...

FAKE NEWS

est. 2017

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www.nationalonlinesafety.com

WHAT IS FAKE NEWS

Parven Kaur, Kids N Clicks Founder

Fake news can be false information, photos or videos purposefully created to confuse or misinform. It can also be genuine information that has been manipulated to deceive. It is important that children learn how to distinguish between real news and fake news, so that they don't inadvertently share something which isn't true or believe something which could be misleading.

For details, see page 13 ...

KNOW THE RISKS

SHOCK VALUE

Fake news can cause upset or shock to readers or viewers. Many fake news stories are written with appealing headlines and have content designed to create 'shock value', so the news spreads rapidly (common examples include the 'death' of a celebrity, company giveaways, news relating to supernatural events, or terror-related posts that provoke reactions).

EMBARRASSMENT

Fake news is often deliberately created to misinform people – whether for fun, out of malice or to support an ideological or political agenda. As it's often difficult to tell the difference, young people can easily believe what they see and then share something which is a hoax or a joke, leading to embarrassment or ridicule.

INFLUENCE BEHAVIOUR

Ultimately, fake news is designed to shape people's beliefs, thoughts and decisions: influencing them into believing something which has been misreported or which simply isn't true. This can shape how children think, behave or act in real life. It can especially affect their trust in the media or even in democracy itself.

HOROSCOPES

New to page 18 ...

Find out what's in your future!

SPOT THE SIGNS

CONSIDER THE SOURCE

Fake news stories can sometimes be identified simply because they are too ridiculous or outrageous to believe. Make sure that the website that published the story is a credible source, like a major news network or local paper which has the resources to fact-check published stories.

CHECK THE URL

Does the website address at the top of the page look real? An easy way to spot suspect stories is if they're located on a news site with an odd domain name. So check the URL. Some shady websites try to incorporate a legitimate news source into their URL (such as www.therealbbc.co.uk) or will slightly misspell a popular domain name.

VERIFY FACTS AND IMAGES

Authentic news is usually backed up by official data or surveys and previous, similar instances of the occurrence being reported. Similarly, fake news stories often include photos which have been manipulated. Perform a Google reverse image search to see if the picture has been stolen from another source and doctored.

RESEARCH THE WEBSITE

Be wary when a big story comes from a news organisation that you've never heard of. Some hoaxers will quickly set up a website just to spread fake stories and so-called 'breaking news'. Use the internet archive to research how long a site has been running – and check if the same story is being reported by more credible news outlets.

Our groundbreaking exposé on page 4 ...

FURTHER SUPPORT

REPORT THE CONTENT

Google and many social media platforms now have dedicated methods for fake news stories to be reported to them. This can range from sending a feedback message to Google via the page itself to the 'Report Post' buttons on Facebook and Twitter.

PROVIDE REASSURANCE

If your child feels as though they have been negatively impacted by a fake news story, or has suffered some form of embarrassment because of fake news, it's important to be supportive and reassuring. Discuss with them how not everything that's posted online is true.

IMPROVE THEIR DIGITAL LITERACY

If your child has been tricked by a fake news story, try to encourage them to think more rationally about what they see and hear on the internet. Advise them to question the motivation behind a story – such as why it's been written, and if it's trying to make them form a specific opinion or influence their actions.

OUR EXPERT

PARVEN KAUR

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.01.2021

Report card for La Sainte Union can be accessed here:

https://camden.schoolreport.org.uk/school/index.html?schoolId=2025401

Alternatively, you can scan this QR code with your phone's camera:

La Sainte Union
CATHOLIC SCHOOL