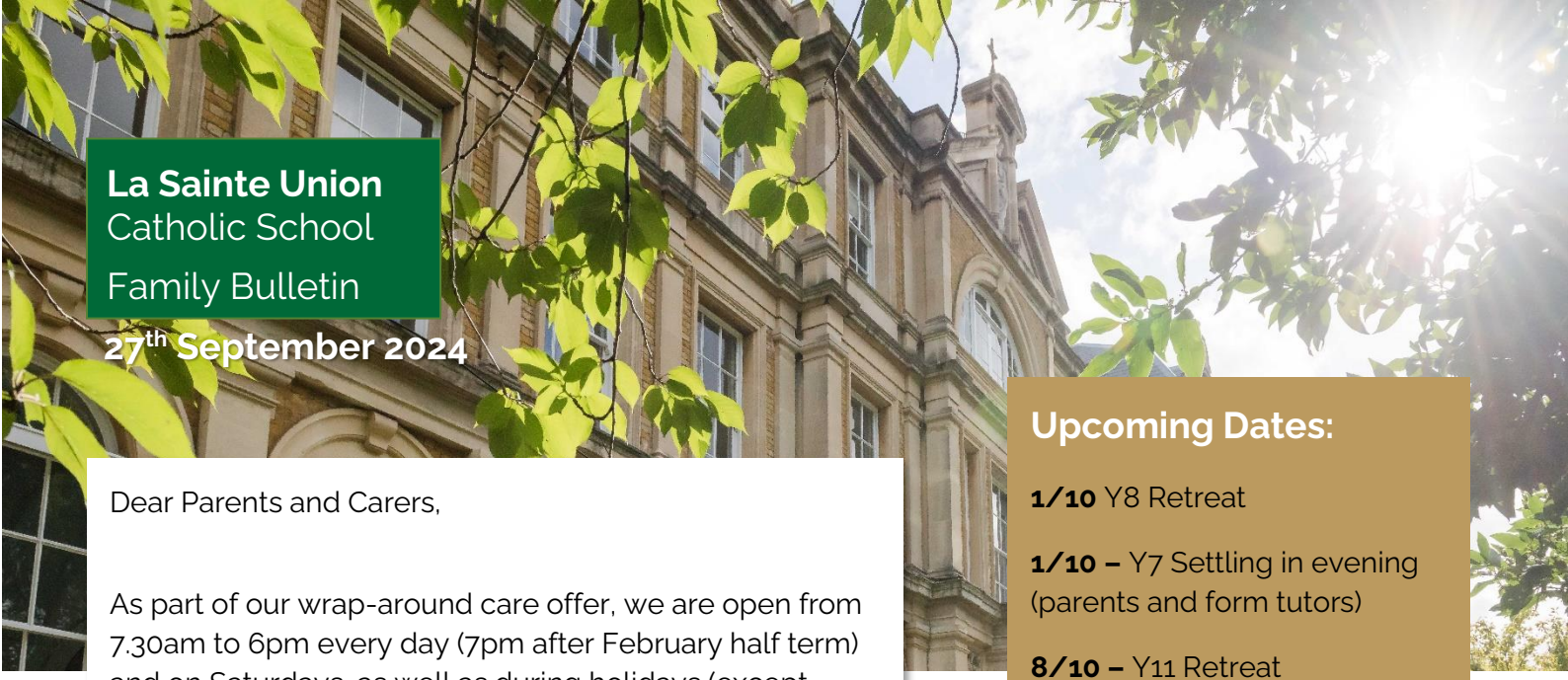


La Sainte Union Catholic School

Family Bulletin

27th September 2024

Dear Parents and Carers,

As part of our wrap-around care offer, we are open from 7.30am to 6pm every day (7pm after February half term) and on Saturdays, as well as during holidays (except Christmas). Our evenings, Saturdays and holidays offer is what we call our Opportunity Centre. The programme for this coming half term is open for bookings and is included in this edition of the family bulletin. Do take a look with your daughter and book a place on her preferred activities – they are popular and some activities have limited places!

If you have a child in Year 5 or Year 6, and did not get a chance to visit us on our recent open evening, you can still book a place using this link:

https://forms.office.com/e/4z0icDzX5T

Open Mornings are on Tuesday 8th October and Thursday 17th October.

Best wishes,

Mrs Fegan

Headteacher

Upcoming Dates:

1/10 Y8 Retreat

1/10 – Y7 Settling in evening (parents and form tutors)

8/10 – Y11 Retreat

15/10- Y10 Retreat

PHSE Topics

Year 7 - Exploring identities and similarities

Year 8 - Healthy relationships

Year 9 - Forms of discrimination and allyship

Year 10 - Respectful relationships

Year 11 - Careers 2

Contact form for any PSHE related queries: https://forms.office.com/e/GY4SBrwbNW

La Sainte Union
CATHOLIC SCHOOL

Opportunity Centre

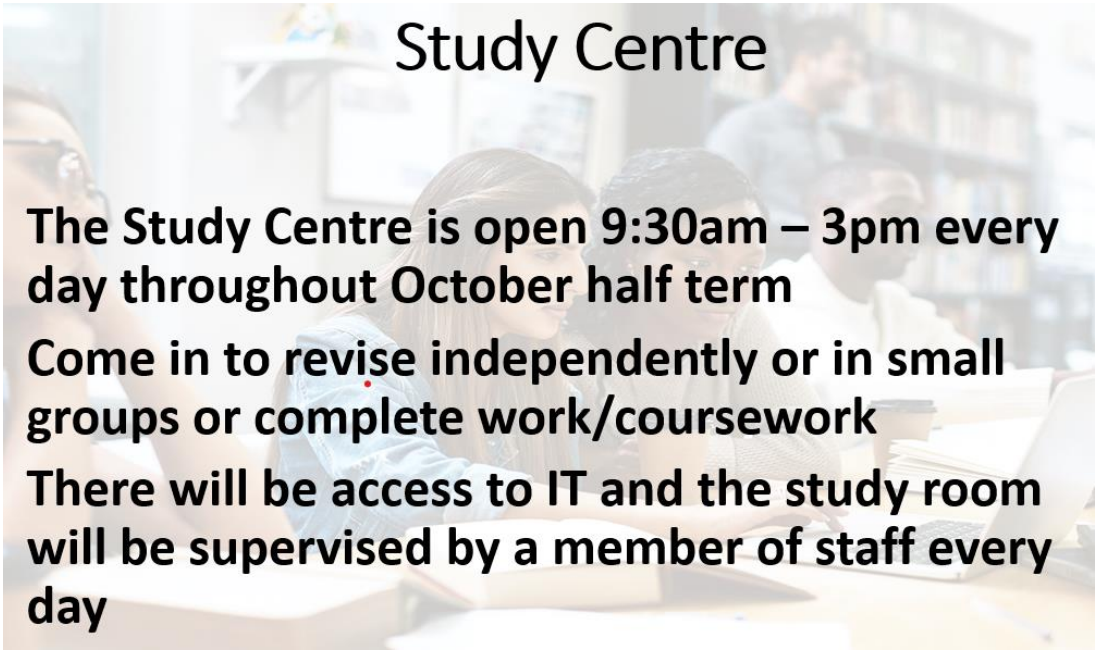
Half Term
Sports & Creative Activities, Revision classes & Study Centre
We are offering these free activities every day during half term.

Morning sessions 10am – 12pm
Afternoon sessions 1pm– 3pm

Places are limited for each session so early sign up is advised. Free Lunch will be provided to any student staying all day.
You will need to wear clothing suitable for the sports activity (not jeans etc) and trainers

Revision classes 9:30am – 3:30pm throughout October half term
Chemistry with Ms French
Monday 28th October
9:30am – 12:00pm Bonding
1pm – 3:30pm Quantitative Chemistry
Tuesday 29th October
09:30am – 12:00pm Chemical Changes - AQA Chemistry.

History with Mr O'Gorman
Thursday 31st October
Medicine through time, Germany Depth Study, Elizabethan Age , Super Powers -GCSE Edexcel
9:30 – 12:00 & 1pm – 3:30pm



La Sainte Union
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Embroidery and hand stitch workshop

Master basic stitches and techniques to customize your own bag with your unique design, turning it into a one-of-a-kind creation!

Wednesday 30th October –10am-12pm

There are 10 places available so early sign up is advisable

Fashion illustration workshop

Learn the basics of sketching stylish outfits. Experiment with collaging techniques to create unique and fashionable designs that stand out.

Friday 1st November - 10am-12pm

There are 10 places available so early sign up is advisable

La Sainte Union
CATHOLIC SCHOOL

Robotics

Tuesday 29th October

Wednesday 30th October

10am-3pm

There are 16 places available so early sign up is advisable

Tapestry and spider weaving workshop

Learn to create stunning wall tapestries and intricate spider weaving pieces using yarn, thread and fabric. Unleash your creativity and master the art of weaving

Thursday 31st October

10am-12pm

There are 10 places available so early sign up is advisable

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Painting, sculpting and collaborative acrylic painting

Learn sculpting techniques and create decorative plant pots (including painting and sealing)

Wednesday 30th October –10am – 12pm

Collaborate in small groups to recreate a famous artwork across multiple canvases using acrylic paint

Thursday 31st October – 10am-12pm

There are 20 places available so early sign up is advisable

Printing and stencilling workshop

An opportunity to learn how to design a stencil and use it create your own prints

Tuesday 29th October

10am – 12pm

There are 10 places available so early sign up is advisable

La Sainte Union

CATHOLIC SCHOOL

Crochet workshop

Learn how to crochet or practice your skills with a designer!

Monday 28th October 10am – 12pm

There are 10 places available so early sign up is advisable

Cooking

We are running free cookery classes

Monday 28th October – years 7 & 8

Tuesday 29th October – years 9 & 10

10am – 3pm

There are 12 places each day early sign up is advisable

La Sainte Union

CATHOLIC SCHOOL

Fencing

We are running a free Fencing activity on

Tuesday 29th October 2024

Thursday 31st October

1pm – 3pm

There are 12 places each day early sign up is advisable

Martial Arts & Self defence

We are running a free Martial Arts & Self Defence activity on

Monday 28th October 2024

Wednesday 30th October 2024

Friday 1st November 2024

1pm – 3pm

There are 15 places each day early sign up is advisable

La Sainte Union

CATHOLIC SCHOOL

Multi-Sports

We are running free Football, Basketball and Volleyball sessions every day during October half term

Tuesday 29th October – Friday 1st November 2024

1pm – 3pm

There are 20 places each day early sign up is advisable

Lunch provided free of charge for everyone attending a full day at the Opportunity Centre

You must register for all activities by Friday 18th October using this link:

https://forms.office.com/e/8K9wya2Q9r?origin=lprLink

Please direct enquiries to Mr Sukumaran ssukumaran@lsu.camden.sch.uk

PSHE News

The PSHE team at LSU partnered with Tampax and distributed packs of pads (Y7-9) and tampons (Y10) to our students during the first weeks of September. Those were accompanied by informative booklets for both parents/carers and students. This initiative aims to promote menstrual health awareness and ensure that our students have the necessary resources and knowledge to navigate this important aspect of their lives with confidence and dignity. Please don't hesitate to contact us if you have any questions or need further information.

La Sainte Union
CATHOLIC SCHOOL

Message from Caterers

The FSA has published a list of products which contained mustard obtained from the implicated UK supplier which can be found on the FSA website at this link: https://www.food.gov.uk/news-alerts/alert/fsa-aa-42-2024-update-4 - None of these products are purchased by Harrison.

Although there is nothing to indicate that any other supplier has been affected, the FSA took the decision out of caution to advise consumers with an allergy to peanuts to avoid consuming products containing mustard regardless of supplier. https://www.food.gov.uk/news-alerts/news/urgent-allergy-advice-mustard-ingredients-contaminated-with-peanuts - This is the notice we are displaying at our kitchens and serveries to assist in informing consumers, but we would encourage you to pass this information on to students and parents to increase awareness as the issue will exist with food purchased outside of the school environment.

Our catering teams maintain detailed ingredient lists in all our locations so that we can pass on the required information on allergens to our customers.

In primary school settings where children are presented to our team or identified, for example, using lanyards, we will not serve food containing mustard to children with a peanut allergy.

In other settings, including secondary schools, we would ask customers with allergies to continue seeking assistance from our catering teams so they can make a safe choice.

Food manufacturers and suppliers are exercising due diligence and checking their own suppliers of mustard and mustard products. Once the FSA has sufficient confidence that no further risk to the public exists, it is likely that the guidance will be updated or withdrawn.

This is an evolving situation, and we will endeavour to keep you updated as we receive further information.

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Harvest Project

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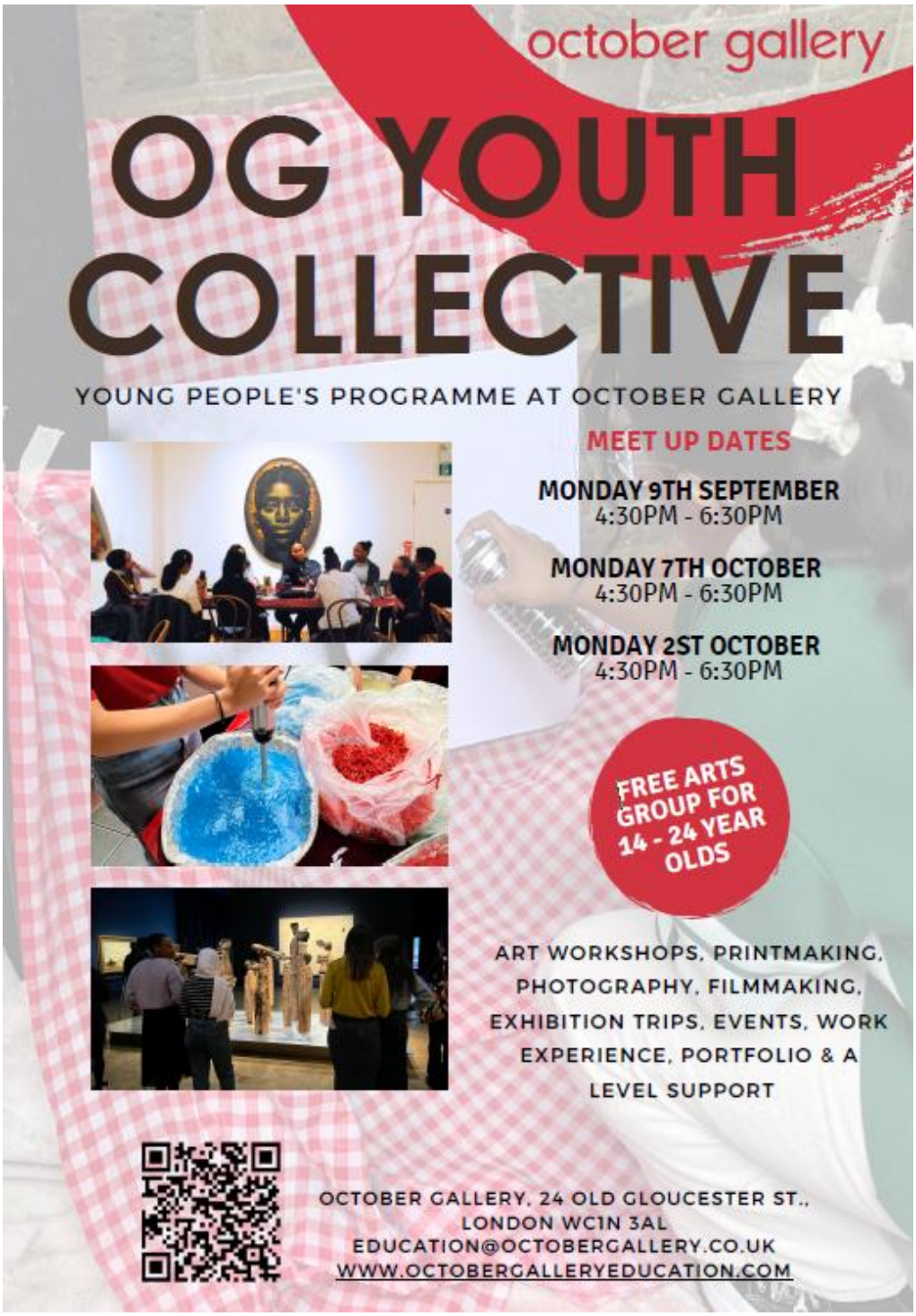
OG Youth Collective



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